



## **Mental Health Awareness Program**

Counselling cell IIT Indore is organising an event to create awareness and sensitization for mental health issues and enhancing positive well being.

Date: September 09th, 2017

Venue: POD, 1 B-201

Time: 11:30 am

Further event details are as below:

**Expert talk-** "The Individual and the institution - the nature and scope of student growth" by Dr. Shekher Seshadri

**Screening of a short film-** by Cinephiles club, IIT Indore

**Prize distribution-** (for poetry, story writing and poster competitions)

**Street play-** by Drama club, IIT Indore

### **About the speaker:**

Dr. Shekhar Seshadri is a graduate of Maulana Azad Medical College, Delhi and a post-graduate in Psychiatry from National Institute of Mental Health and Neuro- Sciences (NIMHANS), Bangalore.

He is currently Professor and Head, Department of Child and Adolescent Psychiatry, (NIMHANS), Bangalore. Besides working with child and adolescent mental health including developmental disabilities, he is actively involved in the areas of gender and sexualities, violence/trauma and abuse, children in difficult circumstances, juvenile justice, experiential methodologies, school programmes/ teacher training in life skills education, Community and school mental health programmes, forum theater and qualitative research.