

**Non-Teaching Advertisement through Outsourcing Agency**

Advt. No.: IITI/GAD/Outsourced/Rect./NT-01/10/2026

Dated: October 9, 2026

**Name of the post:** Wellness Therapist

**No. of Posts:** 02

**Essential Qualification:** M.Phil in Clinical Psychology OR **MA/MSc in Clinical Psychology**

**Desirable Qualification:** M.phil in Clinical Psychology/M.Phil in Rehabilitation Psychology

**Minimum Experience:** **02 to 03 years** of experience in a hospital/Psychiatry Clinic or an educational Institution.

**Job requirements/description:**

- (a) Provide counselling services to assist community Provide Wellness therapy in managing mental health concerns.
- (b) sessions focusing on Stress. Anxiety. Emotional Imbalance. Sleep Issues Academic Pressure, and general Well-Being.
- (c) Carry out initial assessments to understand community issues, concerns, and wellness needs
- (d) Identify students showing signs of distress and provide early-intervention support.
- (e) Maintain confidential wellness records, follow-up plans, and progress documentation.
- (f) Assist in designing and implementing campus. wide wellness programs, including Wellness Week Exam-time relaxation sessions, and Hostel well. being activities.
- (g) Collaborate with Counselling Unit, Student Affairs, Sports, and Health Centre to integrate wellness practices into student life.
- (h) Develop informative content on practices, coping strategies, and emotional health.
- (i) Create a positive, approachable, and trust-based environment for the community.
- (j) Conduct group sessions/workshops on stress management, emotional resilience, self-care routines, meditation, and lifestyle balance.
- (k) The experience may be relaxed for meritorious candidates.
- (l) Promote help-seeking behavior among the community through outreach sessions.
- (m) The Wellness Therapist will be required to reside in the Students Hostel in the campus. They must also be available to attend to emergencies at any time
- (n) Must possess good **verbal** and written communication skills, with the ability to interact effectively and sensitively with a diverse community of students and staff members.

**Age:** Up to 35 Years from the last date of advertisement.

**Remuneration/Salary:** ₹50,000/- to ₹60,000/- (Highly Skilled) consolidated per month.

**Period of engagement:** 01 Year (Extension based on performance).

**Last date of advertisement:** October 23, 2026